

## RESERVE YOUR SPOT NOW!

Yeladim and Haverim Early Bird Registration is on now! **Get 2011 prices for 2012!** Fees go up 3/1.

Get Early Bird Prices for Yofi until 3/31!



### CAMP YELADIM

for ages 2-5

Your child's first summer day camp experience

Contact Peter Blair,  
(949) 435-3400 ext. 221,  
peterb@jccoc.org

### CAMP HAVERIM

for grades K-11

ACA accredited  
day camp

Contact Audra Martin,  
(949) 435-3400 ext. 265,  
audram@jccoc.org



### CAMP YOFI

for grades 2-11

Jewish values grow at  
our resident camp

Contact Eric Schwartz,  
(949) 435-3400 ext. 275,  
erics@jccoc.org

Register online at [www.jccoc.org](http://www.jccoc.org)

**open**  
*to everyone*

# ORANGE COUNTY JEWISH THEATRE



AT THE MERAGE JCC

Orange County Jewish Theatre presents



## PASTRAMI ON RYE WITH MAYO

combines hilarious stand-up with great story telling, presented by an ensemble of some of the best comedians of our generation.

You'll see the onstage (and offstage) antics of a wacky group of comics who began working the Catskills long after the party was over. Not just the Catskills but the Bungalow Colonies, the Cruises, the JCCs and the Country Clubs.

**Saturday, March 17 at 7 p.m.**

**Sunday, March 18 at 4 p.m.**

\$30 JCC members, \$35 public, \$40 at the door.



**NEW JSTARS PRODUCTION COMING THIS SPRING:**

Watch for details!

## JStage Youth Theatre Spring Production

### AUDITION CALL:

**Sunday, Feb. 5, 1-5 p.m. and Wednesday, Feb. 8, 4-7 p.m.**

Registration required prior to auditions. Auditions are to decide roles.

### JSTAGE FEES:

Tuition: \$245 JCC Members/ \$265 Public  
 Costume fee: \$40 per participant  
 Tickets fee: \$140 per participant/ \$180 for families with 2 or more children in the cast. Participants are required to sell 14 tickets/ 18 tickets (for families with two or more children in the cast) at \$10 per ticket. Cast members have to one month prior to the show to sell the tickets. Parents are required to sign the ticket agreement. Cast members will be given their tickets to sell at the first rehearsal.

Special funding for JCC Cultural Arts is provided by the Doris H. and Milton J. Chasin Cultural Arts Program Endowment.



Directed by Elizabeth Kent



## JStage Youth Theater Program

ABOUT JSTAGE: JStage participants learn the ins and outs of putting on a major musical production from auditions to show-time. JStage production is for students between the ages of 7-17.

**Rehearsals begin Sunday, Feb. 12, 2-5 p.m.** General rehearsals are Sundays 2-5 p.m. and Wednesdays 6-8 p.m. for leads.

**Performance Dates:**  
**Thursday, May 31, 7 p.m.**  
**Sunday, June 3, 4 p.m.**

**FOR MORE INFORMATION** please contact Yael Brudner, Cultural Arts Director at (949) 435-3400, ext. 305 or email YaelB@jccoc.org.

# Children's After School Enrichments, K-5

**WINTER  
SESSION 2012**

**MON., JAN. 23  
TO FRI., MAR.  
16, 2012**

**REGISTRATION  
OPENS:  
Monday, Jan. 9  
In person or online**

The Children's Department at the Merage JCC is committed to offering the highest quality of programming. Whether it's a Kids Night Out, Club J, enrichment program or any other Children's Program, we guarantee top notch staff in a top notch facility. The Children's Department provides a safe, nurturing environment in which children can continue to grow and enhance their skills while having a TON OF FUN!

**FOR MORE INFORMATION** about JCC Children's programming and Club J, please contact Audra Martin, Children's Program Director at (949) 435-3400, ext. 265 or email [audram@jccoc.org](mailto:audram@jccoc.org).



## for children in grades K-5

When the school day is done, Club J begins with an after school program that is the best around. Club J is designed for families who need the support and convenience of a daily after school schedule for their children. All Club J participants are entitled to two enrichment classes\* per day at no additional charge. Club J participants also receive School's Out/JCC's In at a reduced cost.

*Licensed by the State of California #304370454.*

### Benefits of Club J 2011-2012

- Choice of 2, 3, 4 or 5 day programs
- Choice of two quality enrichment programs per day
- Vista Verde 1:30 p.m. pick up **NEW!**
- When school is out come to the JCC for a fun-filled day, Furlough days included **NEW!**
- Scholastic Enrichment Classes for ALL ages **NEW!**
- Experienced college graduates or working towards a college degree
- Healthy daily snacks: celery, carrots, apples and oranges
- Fun special events
- Friday Activities

### REFER A FRIEND TO THE J

The JCC is a great way to bring your school friends into a wonderful environment. With the referral of a friend who attends a Children's Department program this semester, **you and your friend** will receive a FREE kids night out. The referral program is for children who have never attended a JCC program. The family does not have to be JCC members. Contact Ariella Monson for more information.

**AFTER SCHOOL ENRICHMENTS ARE NOT JUST FOR CLUB J MEMBERS:**

Children can register for individual classes as well.

Classes held in the gym and sports field are available to JCC members only.

### 2011-2012 MONTHLY CLUB J FEES

MEMBERS	2 Day	3 Day	4 Day	5 Day
No Transportation	\$146	\$218	\$292	\$364
Transportation	\$189	\$276	\$378	\$462

PUBLIC	2 Day	3 Day	4 Day	5 Day
No Transportation	\$189	\$276	\$378	\$462
Transportation	\$269	\$420	\$538	\$620

### Choose the time that works for you...

Club J's after school programs are available on all school days, except for Jewish holidays. Choose from our 2, 3, 4 or 5 day program, offered Monday through Friday until 5:30 p.m.



### Transportation

We are proud to offer programming to our neighborhood schools. Transportation from the following schools is available at an additional cost, Newport Coast, Andersen and Bonita Canyon. We require a minimum of five children for the bus to pick up at the schools. Club J staff members will walk to Vista Verde and Tarbut V'Torah to pick up the students.

**NEW:** We are NOW picking up from Vista Verde every day at 1:30 and at 3 p.m. For families who have children in the middle kindergarten we will meet the children at their classroom and walk them down to the JCC. They will join the other kindergarten children from neighboring schools for snack and an afternoon of fun.

### Enrichment Classes\*

- The deadline to register for all enrichment classes is two weeks after class start date. No classes will be pro-rated due to late registration.
- Enrichment classes are not just for Club J members - Join the fun with Individual Enrichments!
- Enrichment classes require a minimum enrollment of five children.
- There will be no enrichment classes on Monday, Feb. 20: President's Day

# Children's After School Enrichments, K-5

## Monday-Thursday

### HOMEWORK, GRADES 1-5

Monday – Thursday 3:45-5:30 p.m.

Members \$105, Public \$159

Join our staff in a quiet supervised room to finish your homework at Club J. The staff is around to help students with their homework and keep the environment quiet and safe for all children.

All students' homework will be checked and signed off by a Club J staff member.

## Sports Enrichments:

Come play your favorite sport and learn the fundamentals of each sport while having fun in a game atmosphere. Coaches will instruct the children on how to position themselves on a soccer field, how to line up on the line of scrimmage, strategies for tagging up in baseball and how to properly defend a fast break in basketball. **Sports enrichments are for members only.**

### SOCCER GR 2- 5

Field, Members \$105

Tuesdays 3:45-4:40

Mondays 4:45-5:30

### FOOTBALL GR 2- 5

Field, Members \$105

Monday 3:45-4:30

Tuesday 4:45-5:30

### BASEBALL GR 2- 5

Field, Members \$105

Wednesday 3:45-4:30

Thursday 4:45-5:30

### BASKETBALL GR 2- 5

Gym/Outside Courts, Members \$105

Thursday 3:45-4:30

Wednesday 4:45-5:30

## Mondays

No classes Presidents'

Day Monday, Feb. 20

### KIDS IMAGINE, GRADE K-2

Mondays 3:45-4:30 p.m.

Senior Center, Members \$105, Public \$159, Material Fee \$25

Theater, rhythms and Fun...Children imagine, create and act in this class that encourages kids to sing, dance and express themselves. It helps them grow socially and emotionally as they develop literacy skills, mathematical skills and problem solving skills.

### KIDS IMAGINE, GRADE 3-5

Mondays 4:45-5:30 p.m.

Members \$100, Public \$151, Mat. Fee \$25

See description above.

### BASKETBALL, GRADES K-1

Mondays 3:45-4:30 p.m.

Gym, Members Only, \$105

Work on basic fundamentals of basketball, dribbling, passing, shooting. Scrimmage with your friends as coaches help you work on your skills.

### ARCHITECTURE THROUGH BUILDING BLOCKS, GRADES 3-5

Mondays 3:45-4:30 p.m.

Dressing Room, Members \$105, Public \$159, Material Fee \$25

Create a Lego city! Build a truck or a car! Plan, design, build and problem solve, with your Club J friends and just see what you can do! This super science class inspires children to make scientific discoveries as they build with Legos and engage in discussions. Explore, Discover, Imagine, Create with Cynthia from Bowers Museum

### ARCHITECTURE THROUGH BUILDING BLOCKS, GRADES K-2

Mondays 4:45-5:30 p.m.

Members \$105, Public \$159, Mat. Fee \$25

See description above.

### SCHOLASTIC: HOT TOPICS, GR. 4-5

Mondays 3:45-4:45 p.m.

Children's Enrichment Room. Members \$105, Public \$159, Material Fee \$25

Read aloud, discuss scholastic News and Views while developing comprehension and listening skills and having FUN with your friends in a group setting.

### MATH, MAGIC & MARBLES, GRADES 4-5

Mondays 4:45 – 5:30 p.m.

Children's Enrichment Room, Members

\$105, Public \$159, Material Fee \$25

Kids build comprehension and number skills through games and number fun! Dyna Math helps develop math skills through fun hands on experiences in problem solving and critical thinking. Scholastic guidelines with movement experiences make Dyna Math Fun!

### ACTING IT OUT! GRADES 3-5

Mondays 3:45-4:30 p.m.

Green Room, Members \$105, Public \$159

Create, Imagine, Explore in this creative drama class that incorporates 'behavior issues and concerns' in a fun and interactive and problem solving way.

### ACTING IT OUT! GRADES K-2

Mondays 4:45-5:30 p.m.

Green Room, Members \$105, Public \$159

See description above.

## Tuesdays

### CLUB J MUSICAL GLEE, GRADES K-1

Tuesdays 3:45-4:30 p.m.

Dressing Rm, Members \$105, Public \$159,

Join us for a fun music class! Children learn musical scores, motions and movement combinations from their favorite musicals!

### CLUB J GLEE, GRADES 2-3

Tuesdays 4:45-5:30 p.m.

Dressing Rm, Members \$105, Public \$159,

See description above.

### ART WITH LYNNE, GRADES 1-5

Tuesdays 3:45-4:30 p.m.

Dressing Rm, Members \$105 Public \$159, Material \$30

Join Lynne Kaplan and explore different art media: canvas, clay, paper mache and more. Each week the children will work on different art projects to add to their artist portfolio.

### BHUYA YOGA, GRADES 3-5

Tuesdays 3:45-4:30 p.m.

Senior Center, Members \$105, Public \$159

Bhuya Yoga promotes health, fitness, independence and well-being. In a lively, fun way, kids explore and practice yoga postures, breath, sound and reflection techniques to balance, strengthen and stretch the body enabling flexibility and a more peaceful mind. Instructor: Ann Marie Occhipinti, Yoga Therapist

## WINTER SESSION 2012

MON., JAN. 23  
TO FRI., MAR.  
16, 2012

REGISTRATION  
OPENS:

Monday, Jan. 9  
In person or online

NO enrichment  
classes on  
Presidents Day  
Monday, Feb. 20

## FOR MORE INFORMATION

about JCC  
Children's  
programs  
and Club J,  
please contact  
Audra Martin,  
Children's  
Program Director  
at (949) 435-  
3400, ext.  
265, email  
audram@  
jccoc.org or  
Ariella Monson,  
Children & Teen  
Asst. Director at  
(949) 435-3400  
x.300  
or email  
ariellam@jccoc.  
org.

# Children's Specialty Programs

## WINTER SESSION 2012

MON., JAN. 23  
TO FRI., MAR.  
16, 2012

REGISTRATION  
OPENS:  
Monday, Jan. 9  
In person or online

## FOR MORE INFORMATION

about JCC  
Children's  
programs and  
Club J, please  
contact Audra  
Martin, Children's  
Program Director  
at (949) 435-  
3400, ext.  
265, email  
audram@jccoc.  
org. or Ariella  
Monson, Children  
& Teen Asst.  
Director at (949)  
435-3400 x.300  
or email  
ariellam@jccoc.  
org.

### INTRODUCTION TO BHUYA YOGA, GRADES K-2

Tuesdays 4:45-5:30 p.m.  
Senior Center, Members \$105, Public \$159  
See description above.

### SOCKEYBALL, GRADE K-1

Tuesday 4:45-5:30 p.m.  
Gym, Members Only \$105  
It's Sockey time! This match of indoor soccer and hockey promises to be a winning combination. Learn the fun game of Sockeyball that all of the children are talking about.

### FRENCH GRADES, K-2

Tuesdays, 3:45-4:30 p.m.  
Green Room, Members \$105, Public \$159, Materials \$25  
Children learn and practice comprehension and production of the French language in this class that emphasizes oral communication, basic written expressions and development of reading and vocabulary skills.

### FRENCH, GRADES 3-5

Tuesdays, 4:45-5:30 p.m.  
Green Room, Members \$105, Public \$159, Materials \$25. See description above.

## Wednesdays

### IT'S MAGIC! GRADES K-2

Wednesday 3:45-4:30 p.m.  
Green Room, Members \$105, Public \$159, Material Fee \$25  
Imagine, Explore, Experience all kinds of magic! Children will participate in the world of wonder while building their magical skills and doing amazing magic tricks.

### IT'S MAGIC! GRADES 3-5

Wednesday 3:45-4:30 p.m.  
Green Room, Members \$105, Public \$159, Material Fee \$25  
See description above.

### GAGA/HANDBALL, GRADES K-2

Wednesday, 3:45-4:30 pm  
Outside, Members \$105  
Practice GaGa and Handball skills with Club J friends. GaGa teaches basic sports skills and encourages social interaction with peers. Children use agility, hand/eye coordination and quick thinking in order to excel. Handball uses quick maneuvers, strong focus, and hand/eye coordination while getting a great cardiovascular workout!

### SCHOLASTIC CULTURE: LITERATURE & CULTURE, GRADES 2-3

Wednesdays 3:45-4:30 p.m.  
Dressing Room, Members \$105, Public \$159, Material Fee \$25  
This class is interactive and fun! Read favorite stories and act them out have fun building literacy skills while telling stories with from around the world.

### SCHOLASTIC CULTURE: LITERATURE & CULTURE, GRADES K-1

Wednesdays 4:45-5:30 p.m.  
Dressing Room, Members \$105, Public \$159, Material Fee \$25  
See description above.

### SCHOLASTIC STORIES, JOURNALS AND SURPRISES, GRADES 4-5

Wednesdays 3:45-4:30 p.m.  
Children's Enrichment Room, Members \$105, Public \$159, Material Fee \$25  
Storyworks supports a balanced language arts program with a selection of original literature and appealing activities that strengthen essential reading and writing skills. Students are exposed to great authors and illustrators and to exciting literature in a variety of ways. Movement experiences add fun and excitement to Storyworks.

### STARWARS, GRADE K-1

Wednesdays 4:45-5:30 p.m.  
Gym, Members Only \$105  
Each class children will play an action game while developing social interaction with their peers. Coaches will supervise; teach fundamentals, and rules while having fun!

### MIND GAMES, GRADES 4-5

Wednesdays, 4:45-5:30 p.m.  
Children's Enrichment Room, Members \$105, Public \$159, Material Fee \$25  
Mind Games supports a balanced language program encouraging critical thinking. The selected games and activities strengthen essential reading comprehension skills.

## Thursdays

### TASTES OF ADVENTURE! GRADES 2-5

Thursday 3:45-4:30 p.m.  
Dressing Room, Members \$105, Public \$159, Material Fees \$25  
Travel to lands near and far...listen to stories and legends and learn the cultures from many lands with Cynthia from Bowers.

### TASTES OF ADVENTURE! GRADE K-1

Thursday 4:45-5:30 p.m.  
Members \$105, Public \$159, Mat. Fees \$25  
See description above.

### ART WITH LYNNE GRADES 1-5

Thursday 3:45-4:30  
Dressing Room, Members \$105 Public \$159, Material \$30. See Tuesday description.

### ZUMBA, GRADES 2-3

Thursdays 3:45-4:30 p.m.  
Dressing Room, Members \$105, Public \$159  
Move to the beat and step to the rhythm in this class filled with creative movement, aerobic stretch and dance games. Children learn to move to music as they practice "Zumba" dance combinations while building team spirit and confidence. This high energy class guarantees a cardio workout, a positive and safe environment and a lot of fun!

### ZUMBA, GRADES K-1

Thursdays 4:45-5:30  
Dressing Room, Members \$105, Public \$159  
See description above.

### KIDSKRAFT – ART MANIA GRADES 4-5

Thursdays 3:45-4:30 p.m.  
Children's Enrichment Room, Members \$105, Public \$159, Material Fee \$25  
Children have the freedom to develop their creative style in our playground of art stations! Kids move freely between project stations and explore paint, paper, wood and more to create unique "masterpieces."

### KID FIT, GRADES 4-5

Thursdays 4:45-5:30  
Dressing Room, Members \$105, Public \$159  
Have fun and exercise with your friends through cardio dance and strength training. Kids will explore yoga, stretching and balance techniques to improve overall flexibility.

### ITALIAN, GRADES K-2

Thursdays 3:45-4:30 p.m.  
Green Room, Members \$105, Public \$159, Material Fee \$25  
Children learn and practice basic Italian in a class emphasizing oral communication, basic written expressions and development of reading and vocabulary skills.

### ITALIAN, GRADES 3-5

Thursdays 4:45-5:30 p.m.  
Members \$105, Public \$159, Mat. Fee \$25  
See description above.

# Children's After School Enrichments At-A-Glance

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	
3:45-4:30	Homework (1-5)	Homework (1-5)	Homework (1-5)	Homework (1-5)	<b>Friday is Fun Day at the J</b>	
3:45-4:30	Kids Imagine (K-2)	Club J Glee (K-1)	It's Magic (K-2)	Tastes of Adventure (2-5)		
3:45-4:30	Basketball (K-1)	Art w/ Lynne (1-5)	Scholastic: Lit. & Culture (2-3)	Zumba (2-3) Art w/ Lynne (1-5)		
3:45-4:30	Arch. Building Blocks (3-5)	Bhuya Yoga (3-5)	Scholastic: Stories, Journals... (4-5)	KidKraft/Art Mania (4-5)		
3:45-4:30	Football (2-5)	Soccer (2-5)	Baseball (2-5)	Basketball(2-5)		
3:45-4:30	Scholastic Hot Topics (4-5) Acting It Out (3-5)	French (K-2)	Gaga/Handball (K-2)	Italian (K-2)		
TIME	Monday	Tuesday	Wednesday	Thursday		
4:45-5:30	Homework (1-5)	Homework (1-5)	Homework (1-5)	Homework (1-5)		
4:45-5:30	Kids Imagine 3-5	Club J Glee (2-3)	It's Magic (3-5)	Taste Adventure (K-1)		
4:45-5:30	Arch. Building Blocks (K-2)	Intro to Bhuya Yoga (K-2)	Scholastic: Lit. & Culture (K-1)	Zumba (K-1)		
4:45-5:30	Math Magic & Marbles (4-5)	French (3-5)	Mind Games (4-5)	Kid Fit (4-5)		
4:45-5:30	Acting It Out (K-2)	Sockeyball (K-1)	Starwars (K-1)	Italian (3-5)		
4:45-5:30	Soccer (2-5)	Football (2-5)	Basketball (2-5)	Baseball (2-5)		

**FOR MORE INFORMATION**

about JCC Children's programs and Club J, please contact Audra Martin, Children's Program Director at (949) 435-3400, ext. 265, email [audram@jccoc.org](mailto:audram@jccoc.org) or Ariella Monson, Children & Teen Asst. Director at (949) 435-3400 x.300 or email [ariellam@jccoc.org](mailto:ariellam@jccoc.org).

**WINTER SESSION 2012**

MON., JAN. 23 TO FRI., MAR. 16, 2012

REGISTRATION OPENS: Monday, Jan. 9 In person or online

- CLUB J FEES INCLUDE A CHOICE OF TWO ENRICHMENT CLASSES DAILY.
- AFTER SCHOOL ENRICHMENTS ARE NOT JUST FOR CLUB J MEMBERS: Children can register for individual classes as well. Classes held in the gym and sports field are available to JCC members only.
- A minimum of 5 students is required for an enrichment class
- Art, science, language and art classes will incur an additional fee upon registration.

## Birthday Parties



Choose from our awesome list of themes for your celebration:

**PAJAMA PARTY**

**CRAFT PARTY**

**SCIENCE EXPLORATION PARTY**

**POOL PARTY**

**SPORTS PARTY**

**ALL-AROUND PARTY**



\* ALL BIRTHDAY PARTY PACKAGES ARE 2 HOURS.

CONTACT THE J AT (949) 435-3400 TO PLAN YOUR PARTY:

Pajama, Craft, Science Exploration or Personalized parties - Ariella Monson at ext. 300, [ariellam@jccoc.org](mailto:ariellam@jccoc.org)

Pool party - Gina Duncan at ext. 160, [ginad@jccoc.org](mailto:ginad@jccoc.org)

Sports party - Eddie Priesand at ext. 104, [eddiep@jccoc.org](mailto:eddiep@jccoc.org)

## NO SCHOOL? NO WORRIES... WE ARE OPEN!

**School's Out/JCC's In, Gr K-8**  
When *school's out*, come spend the day at the J with us!

**Grades K-5:** Participate in a variety of activities, including: sports, art, swimming, games, field trips & more! Please bring a Kosher dairy lunch, swim suit and towel in case weather permits swimming.

**CIT - Grades 6-8:** Learn the tools to be a JCC counselor, while playing sports, swimming, doing art projects and more.

Monday, Feb. 13	Vista Verde
Monday, Feb. 20	All schools
Friday, March 2	TVT
Wednesday, March 14	Newport Mesa School District

**NCE – Newport Coast Elementary School**  
**TVT – Tarbut V'Torah VV – Vista Verde**  
**AND – Andersen Elementary School**

Grades K-5	9-3:30 p.m.
Club J Members \$40, JCC Members \$50, Public \$60	
Grades 6-8 (CIT)	9-3:30 p.m.
JCC Members \$30, Public \$40	
TVT ½ Day Pick Up	\$20
Pre Care 7:30-9 a.m.	\$10 per day
Post Care 3:30 p.m.-5:30 p.m.	\$12 per day
Post Care:	FREE to Club J members

**Refund policy :** Fees are non-refundable. There is no reduction or refund of fees due to absence, illness or withdrawals. No fees are transferable.

## CHEAPER THAN A BABYSITTER! Kids Night Out Programs

ICE CREAM SOCIAL/MOVIE NIGHT GRADES K-3 & 4-5

While the kids are at the J, the Parents can play! Spend the evening with your friends at the J. Enjoy dinner, games, a movie and making your own sundae! Art Studio/Theater/Teen Center. Members \$20, Public \$30  
At the door: Members \$25, Public \$35

**SATURDAYS, 6-10 P.M.**

Feb. 11  
Feb. 18  
Mar. 10  
Mar. 24



## Shalom J Family

There is a NEW Program at the J! The Young Family Program Committee... "Shalom J Family" is planning programs for Families to connect with others, be inspired and have FUN! Programs will include mitzvah events, Shabbat/Holiday Dinners, Sunday Family Fun Days and lots more.



### KICK OFF MITZVAH EVENT JAN. 16

"Shalom J Family" invites all Young Families to a Kick off Mitzvah Event: Monday, Jan. 16 10 – 11:30 a.m. in the Theater followed by a bring your own lunch time get together.

For more information or joining the Shalom J Family please contact Roberta Deutschman at robertad@jccoc.org or 949-435-3400 x397



## SKI WEEK CAMP, Gr. K-5 & CIT

**JOINS US FOR SKI WEEK CAMP: FEB. 21-24, 9 A.M.-3:30 P.M.**

Pre and Pre-Post Care and CIT program available.

**\$242 Members, \$352 Public**

Pre-Care 7:30-9 a.m. \$10/day

Post-Care 3:30-5:30 p.m. \$12/day

Refund policy: JCC JCamp fees are non-refundable. There is no reduction or refund of fees due to absence, illness or withdrawals. No fees are transferable.

### SKI WEEK COUNSELOR-IN-TRAINING, GRADES 6-8

**FEBRUARY 21-24, 9 A.M.-3:30 P.M.**

Participate in our Counselor-In-Training Program. Learn leadership skills, basic first aid training, program development and overall insight to being a counselor. \$150 Members, \$200 Public

For more information about JCC Children's programs, please contact Audra Martin, Children's Program Director at (949) 435-3400, ext. 265, email [audram@jccoc.org](mailto:audram@jccoc.org) or Ariella Monson, Children & Teen Asst. Director at (949) 435-3400, ext. 300 or email [ariellam@jccoc.org](mailto:ariellam@jccoc.org).

# Specialty Art Classes for Kids

## ART AROUND THE WORLD, AGES 7-14



Tuesdays, 5-6 p.m. Jan 24-Mar 13 (8 classes)  
\$145 members/\$165 public

In this new program, children will learn about world cultures through art, while experimenting with a wide variety of mixed media materials. Students will be inspired by the artists and art from countries such as Africa, Israel, Japan, Mexico. Supplies included.

## ADVANCED REMBRANDTS, AGES 9 TO 14

Wednesdays, 3:45 to 5:15 pm Jan 25- Mar 14 (8 classes)  
\$165 members/\$185 public

Students will experiment in new and exciting ways to add texture to their work, apply a variety of image transfer techniques, sculpt, dabble in oils and more. Students are encouraged to bring their own paints and must provide their own canvas or can purchase one from the instructor \$5.

For more information about Children's Sports Programs, please contact Eddie Priesand, Sports and Recreation Supervisor at 949-435-3400 x104 or email eddiep@jccoc.org.

Sports clinics and leagues are for JCC Members Only

# Children's Sunday Sports Programs

## Sunday T-Ball/Baseball Training Clinic

Ages 3-5: 1:15-2 pm

Ages 6-7 & 8-9: 2-3 pm

Sundays, 4/15-6/10: No class 5/13, 5/27 (7 classes)

Outside Field

JCC Members Only \$155 Early Bird (thru 2/29), \$170 after 3/1

Get ready for the JCC T-Ball season! Taught by experienced players and coaches, this workshop will focus on the fundamentals of the baseball including: hitting, fielding, base-running, offensive and defensive strategy, and more... In addition you will play fun and interactive baseball games! For more information please contact Eddie Priesand, Sports and Recreation Director at 949-435-3400 x104 or eddiep@jccoc.org.

Instructors: Coach Jon, Baseball Instructors, & Staff



# JCC Gym Banner Sponsorship Opportunities



Our JCC Banner Program is an opportunity for corporate partners to display their company name on a gym banner each year. This banner sponsorship provides continuous visibility for your business and contributes to the Merage JCC Scholarship program. Your banner will be displayed in our gym for either one or two years where the majority of our members, league participants, parents and guests utilize the complex every week.

A full color gym banner is available for \$500 (1 YEAR)  
A full color gym banner is available for \$900 (2 YEARS)

For more information on banner sponsorships and packages, contact Jason Meyers at jasonm@jccoc.org or (949)435-3400 x266 –or- Eddie Priesand at eddiep@jccoc.org or x104.

For more information about Children's Art Programs, contact Yael Brudner, Cultural Arts Director at (949) 435-3400 ext. 305, yaelb@jccoc.org



JCC Aquatics Center

All Aquatics Center Programs are for Merage JCC MEMBERS ONLY

**FOR INFORMATION** about JCC Aquatics Center programs, please contact Chris Duncan, Aquatics Director at (949) 435-3400 ext. 144, [chrisd@jccoc.org](mailto:chrisd@jccoc.org) or Gina Duncan, Asst. Aquatics Director at (949) 435-3400 ext. 160, [ginad@jccoc.org](mailto:ginad@jccoc.org).

The Merage JCC Milton J. and Doris H. Chasin Aquatics Center offers something for members of every age and experience level including swim lessons, youth swim team and low impact water aerobics with daily lap swimming. Our pool facilities are fully-equipped with custom lounge chairs and shade area, a heated toddler pool, Jacuzzi, an electronic scoreboard and professional lifeguards on duty during all hours.

**POOL HOURS & INFORMATION:**

Monday-Thursday	5 a.m.-9:30 p.m.
Friday	5 a.m.-4:30 p.m.
Saturdays	7:45 a.m.-4:30 p.m.
Sundays	8 a.m.-5:30 p.m.

**LAP SWIM:** Lap Swimming (continuous swimming lengthwise) is available throughout the day in designated lanes. If the number of Lap Swimmers exceeds 2 per lane, please switch to circle swimming. Children may lap swim adhering to these guidelines and, if necessary, accompanied by a responsible adult. Please note: During the swim team workouts in the afternoon we have 2 lanes open for lap swim 3-7 M-Th, 3-4:30 F

**EQUIPMENT:** JCC's kickboards and pull buoys may be used by lap swimmers and for instructional purposes only. Aqua Fitness equipment is to be used only by Aqua Fitness class participants. Please help us maintain and preserve our equipment by returning it to the shelves designated for these items.

**FAMILY SWIM:** Open Swim is designated for free or unstructured swimming and is available for families and individuals. Children must be accompanied by a responsible adult unless they are in at least 5th grade.

**POOL TEMP:** For the comfort of all participants, the temperature will be kept at 81-83 degrees at all times. This may vary slightly as is normal when dealing with a thermostat.

**FLOTATION DEVICES:** If a child requires a floatation device to swim, then a responsible adult must be within arm's reach of the child at all times-- no exceptions.

**DIAPERS:** Children who are not potty trained must wear a swim diaper and a swimsuit in the pool at all times.

Year Round Youth Aquatics Program  
**Merage JCC WAVES**  
**Swim Team Trains Winners**

WAVES swimming uses a progressive age group program in which the swimmer is instructed and developed in physical, mental and emotional levels in a systematic fashion. An emphasis on fun and family for the younger swimmers develops into a gradual increase in commitment over a period of years. Every unique group for children emphasizes the joy of swimming at the same time introducing the child to beginning swimming technique. The "pre-team" portion of the class teaches the fundamental motor skills of swimming with an emphasis on correct body placement.

The WAVES offer competitive and non-competitive tracks for swimmers to follow once they finish with swim lessons.

**MONDAY -THURSDAY NON-COMPETITIVE GROUPS**

- Senior Group1 ages 13 & up: 4-6:30 p.m. \$90 mo.
- Gold Group ages 13 & up: 5:15-7 p.m. \$80 mo.
- Bronze Group ages 9-13: 5:15-6:45 p.m. \$75 mo.
- Blue Group ages 9-13: 3:30-4:45 p.m. \$70 mo.
- White Group ages 5-9: 3:45-4:30 p.m. \$60 mo.
- Dolphin Group ages 5-9: 3:45-4:30 p.m. \$50 mo.

**Non-competitive groups** learn basic skills of this lifetime sport including the different strokes and how to exercise in the water. Instruction is positive and the emphasis is on having fun. Your child will learn in a non-pressure, fun-filled environment. The program teaches sportsmanship, physical fitness and teamwork!

**Coaches:** Coach Chris M, Coach Justine, Coach Cece, Coach Andrew, Coach Talia and Coach Amy

**MONDAY -FRIDAY COMPETITIVE GROUPS**

- Senior Group II ages 13 & up: 3:30-6:30 p.m. \$95 mo
- Silver Group ages 9-13: 4:30-6:30 p.m. \$85 mo.
- Red Group ages 5-9: 4:15-5:30p.m. \$75 mo.

**Competitive groups** are specifically designed to introduce boys and girls to the continuation of swimming skills with the utmost regard to their physical and emotional development. This program caters to young swimmers who want to race. Team members must swim 3-4 times per week and participate in scheduled swim meets.

**Coaches:** Coach Chris Duncan, Coach Gina, Coach Lara, Fitness Specialist John Harry

**Registration fee:** A non-refundable registration fee is required for the 2012 seasons.

Fee includes team t-shirt and swim cap. New Swim Team Members \$150 and Active Swim Team Members \$120, sibling discount: \$10 off per additional swim team member.

**FOR ADDITIONAL INFORMATION AND GROUP PLACEMENT,** please contact Chris Duncan at (949) 435-3400, ext. 144 or email [chrisd@jccoc.org](mailto:chrisd@jccoc.org) or Gina Duncan at (949) 435-3400, ext. 160 or email [ginad@jccoc.org](mailto:ginad@jccoc.org).

# Swimming lessons at the J Will Help You Get Ready for Spring/Summer

Swimmers are taught how to move with a strong sense of dynamics. By understanding movement in the water and placement of their bodies, students refine their technique and learn the subtleties that improve feel for the water, placement of arms and legs, and balance. Emphasis is placed on proper alignment, correct direction of all movements, and swimming dynamics (connecting one movement to another).

Swim lessons are offered throughout the day and evening and can be arranged by calling the Aquatics Office. Instructors will work with you or your children to create an individualized program that meets your child's specific needs. We will be happy to try to accommodate requests for new classes. **JCC Membership is required to use the pool and register for classes.**

**Cancellation Policy:** Please reschedule within 24 hours of the lesson. Packages expire 1 year from purchase.

## CHILDREN'S PRIVATE SWIM LESSONS, AGES 3+

Day and time to be scheduled with the Aquatic Center  
\$145 for five 20-minute sessions, \$180 for five 30-minute sessions  
Private lessons are an outstanding way to further your child's ability at his/her own pace. We specialize in individual attention through one-on-one teaching with our staff, who will design lessons to fit a swimmer's needs and learning style.

## CHILDREN'S SEMI-PRIVATE SWIM LESSONS, AGES 3+

Day and time to be scheduled with the Aquatic Center. \$100 per child for five 20-minute sessions, \$120 for five 30-minute sessions  
Semi-Private lessons are an outstanding way to further your child's ability with a friend or sibling. This is a Create-A-Class program offers lessons tailored to your lifestyle. Swimming is more fun with a buddy, and a lesson package makes a great gift.

## CHILDREN'S GROUP SWIM LESSONS, AGES 3 +

Monday-Thursday eight-30 minute classes \$125 per session  
Progressive Learn to Swim Program for Children, lessons vary by level. With early childhood swim classes, your little ones will learn to swim in small schools with excellent teacher/student ratios never higher than 1:5. Each class meets twice a week, Levels 1-10. Please note: Make ups are not provided for group lesson absences. Schedule with the Aquatics Center.

The Merage JCC WAVES swimming team offers competitive and non-competitive tracks for swimmers to follow once they finish with swim lessons.

## ADULT SWIMMERS

Day and time to be scheduled with the Aquatic Center  
\$145 for five 20-minute sessions, \$180 for five 30-minute sessions  
**First timers:** Learn how to be comfortable in the water. Our experienced instructors offer one-on-one positive encouragement and support as they guide new swimmers through body awareness in the water, putting your face in the water, how to be in control of submerging and floating on your front or back with effective breathing control.

## SPECIALIZED SWIM LESSONS

Day and time to be scheduled with the Aquatics Center  
\$145 for five 20-minute sessions, \$180 for five 30-minute sessions  
We have specialized classes for children who have great fear and apprehension of the water, and for children with special needs. Water safety for these children is extremely important. Beginning with basic water safety, our experienced instructors guide children to feel safe and comfortable in the water as they learn to be confident swimmers.

For additional information and group placement, please contact Gina Duncan, Asst. Aquatics Director, at (949) 435-3400, ext. 160 or e-mail [gjinad@jccoc.org](mailto:gjinad@jccoc.org).



## SAVE ON WINTER SPECIALIZED SWIM LESSONS

Sign up now for stroke lessons and get a package of five 30-min. lessons for the price of the 20 minute session, a savings of \$35. Offer valid Jan. 23 – Mar. 16, 2012.

All Aquatics Center Programs are for Merage JCC MEMBERS ONLY

**FOR INFORMATION** about JCC Aquatics Center programs, please contact Chris Duncan, Aquatics Director at (949) 435-3400 ext. 144, [chrisd@jccoc.org](mailto:chrisd@jccoc.org). or Gina Duncan, Asst. Aquatics Director at (949) 435-3400 ext. 160, [gjinad@jccoc.org](mailto:gjinad@jccoc.org).

## Low Impact Classes

These low impact programs are FREE to JCC members.

**LOW IMPACT WATER AEROBICS, 18+**  
Mondays & Thursdays, 9-10 a.m. Pool  
Increase your strength, flexibility and aerobic conditioning through water exercises without putting stress on your joints and muscles. This low impact class geared for people with arthritis or osteoporosis. Instructor: Jen Massey

**AQUA FITNESS, 18+**  
Tuesdays, 9:30-10:30 a.m.  
Instructor: Bethany  
Wednesday, 10:45-11:45 a.m.  
Instructor: Lynnelle Harmer  
Burn calories and move to the beat in ways you never thought you could in this high energy fun new class.

**WATER PILATES, 18+**  
Fridays 9-10 a.m.  
This program adapts Pilates exercises for the pool. Build a stronger core, improve posture, develop strength, flexibility and grace. Focus on breathing for exercise and energy enhancement.  
Instructor: Jen Massey, Water Aerobics/Pilates Instructor

# Merage JCC Program Registration Form

- RETURN completed registration form with payment to:  
Merage Jewish Community Center of Orange County,  
One Federation Way, Ste. 200, Irvine, CA 92603
- or FAX to: (949) 435-3401

## WINTER 2012 REGISTRATION

JAN. 23-MAR. 16, 2012

Registration Opens Monday, Jan. 9.  
In-person or on-line

THERE ARE NO REFUNDS FOR MEMBERSHIP, CAMP, OR PRESCHOOL.

FOR CLASSES THE FOLLOWING SCHEDULE APPLIES: A full refund if the JCC cancels a class; a full refund minus a \$10 administrative fee for withdrawals before class begins; a 50% refund for withdrawal at the end of the first class; no refunds are given after the second class begins. There is a \$25 charge for returned checks.

PARTICIPANT 1			
Participant Name	JCC Member? Y___ N___	<b>JCC Office Use Only</b>	
Email	DOB / /	Rec'd by _____	Date _____
Address	City	State	Zip
Home Phone	Cell Phone		
Program Name	Day/Time	Fee \$	
Program Name	Day/Time	Fee \$	
Program Name	Day/Time	Fee \$	

PARTICIPANT 2			
Participant Name	JCC Member? Y___ N___	<b>Address if different than above:</b>	
Email	DOB / /		
Program Name	Day/Time	Fee \$	
Program Name	Day/Time	Fee \$	
Program Name	Day/Time	Fee \$	

PARENTS REGISTERING CHILDREN, PLEASE COMPLETE THIS SECTION				
Parent Name 1	Home Phone	Cell Phone		
Parent Name 2	Home Phone	Cell Phone		
Participant 1 School	Participant 2 School	After school Pick-Up? Y___ N___	TVT Class for after school pickup (if applicable)	Grades /

PAYMENT OPTIONS			
___ Check Enclosed payable to JCCOC	___ VISA	___ MC	___ AMEX
Acct. No.	Exp. Date	TOTAL DUE \$	
Authorized Signature	Name on Card		
I hereby give permission to the Merage JCC to take photographs of me for marketing and fundraising purposes unless otherwise indicated in writing. As a parent of guardian of the minor named above, I consent to photographs being taken of the minor and used in Merage JCCOC materials unless otherwise indicated in writing. I understand that there is no financial compensation for the photographs. Signature _____			