

RESERVE YOUR SPOT NOW!

Yeladim and Haverim Early Bird Registration is on now! **Get 2011 prices for 2012!** Fees go up 3/1.

Get Early Bird Prices for Yofi until 3/31!



CAMP YELADIM for ages 2-5

Your child's first summer day camp experience

Contact Peter Blair,
(949) 435-3400 ext. 221,
peterb@jccoc.org

CAMP HAVERIM for grades K-11 ACA accredited day camp

Contact Audra Martin,
(949) 435-3400 ext. 265,
audram@jccoc.org



CAMP YOFI for grades 2-11

Jewish values grow at
our resident camp

Contact Eric Schwartz,
(949) 435-3400 ext. 275,
erics@jccoc.org

Register online at www.jccoc.org

open
to everyone

ORANGE COUNTY JEWISH THEATRE



AT THE MERAGE JCC

Orange County Jewish Theatre presents



PASTRAMI ON RYE WITH MAYO

combines hilarious stand-up with great story telling, presented by an ensemble of some of the best comedians of our generation.

You'll see the onstage (and offstage) antics of a wacky group of comics who began working the Catskills long after the party was over. Not just the Catskills but the Bungalow Colonies, the Cruises, the JCCs and the Country Clubs.

Saturday, March 17 at 7 p.m.

Sunday, March 18 at 4 p.m.

\$30 JCC members, \$35 public, \$40 at the door.



NEW JSTARS PRODUCTION COMING THIS SPRING:

Watch for details!

JStage Youth Theatre Spring Production

AUDITION CALL:

Sunday, Feb. 5, 1-5 p.m. and Wednesday, Feb. 8, 4-7 p.m.

Registration required prior to auditions. Auditions are to decide roles.

JSTAGE FEES:

Tuition: \$245 JCC Members/ \$265 Public
 Costume fee: \$40 per participant
 Tickets fee: \$140 per participant/ \$180 for families with 2 or more children in the cast. Participants are required to sell 14 tickets/ 18 tickets (for families with two or more children in the cast) at \$10 per ticket. Cast members have to one month prior to the show to sell the tickets. Parents are required to sign the ticket agreement. Cast members will be given their tickets to sell at the first rehearsal.

Special funding for JCC Cultural Arts is provided by the Doris H. and Milton J. Chasin Cultural Arts Program Endowment.



Directed by Elizabeth Kent



JStage Youth Theater Program

ABOUT JSTAGE: JStage participants learn the ins and outs of putting on a major musical production from auditions to show-time. JStage production is for students between the ages of 7-17.

Rehearsals begin Sunday, Feb. 12, 2-5 p.m. General rehearsals are Sundays 2-5 p.m. and Wednesdays 6-8 p.m. for leads.

Performance Dates:
Thursday, May 31, 7 p.m.
Sunday, June 3, 4 p.m.

FOR MORE INFORMATION please contact Yael Brudner, Cultural Arts Director at (949) 435-3400, ext. 305 or email YaelB@jccoc.org.

NO SCHOOL? NO WORRIES... WE ARE OPEN!

School's Out/JCC's In, Gr K-8
When *school's out*, come spend the day at the J with us!

Grades K-5: Participate in a variety of activities, including: sports, art, swimming, games, field trips & more! Please bring a Kosher dairy lunch, swim suit and towel in case weather permits swimming.

CIT - Grades 6-8: Learn the tools to be a JCC counselor, while playing sports, swimming, doing art projects and more.

| | |
|---------------------|------------------------------|
| Monday, Feb. 13 | Vista Verde |
| Monday, Feb. 20 | All schools |
| Friday, March 2 | TVT |
| Wednesday, March 14 | Newport Mesa School District |

NCE – Newport Coast Elementary School
TVT – Tarbut V'Torah VV – Vista Verde
AND – Andersen Elementary School

| | |
|--|------------------------|
| Grades K-5 | 9-3:30 p.m. |
| Club J Members \$40, JCC Members \$50, Public \$60 | |
| Grades 6-8 (CIT) | 9-3:30 p.m. |
| JCC Members \$30, Public \$40 | |
| TVT ½ Day Pick Up | \$20 |
| Pre Care 7:30-9 a.m. | \$10 per day |
| Post Care 3:30 p.m.-5:30 p.m. | \$12 per day |
| Post Care: | FREE to Club J members |

Refund policy : Fees are non-refundable. There is no reduction or refund of fees due to absence, illness or withdrawals. No fees are transferable.

CHEAPER THAN A BABYSITTER! Kids Night Out Programs

ICE CREAM SOCIAL/MOVIE NIGHT GRADES K-3 & 4-5

While the kids are at the J, the Parents can play! Spend the evening with your friends at the J. Enjoy dinner, games, a movie and making your own sundae! Art Studio/Theater/Teen Center. Members \$20, Public \$30
At the door: Members \$25, Public \$35

SATURDAYS, 6-10 P.M.

Feb. 11
Feb. 18
Mar. 10
Mar. 24



Shalom J Family

There is a NEW Program at the J! The Young Family Program Committee... "Shalom J Family" is planning programs for Families to connect with others, be inspired and have FUN! Programs will include mitzvah events, Shabbat/Holiday Dinners, Sunday Family Fun Days and lots more.



KICK OFF MITZVAH EVENT JAN. 16

"Shalom J Family" invites all Young Families to a Kick off Mitzvah Event: Monday, Jan. 16 10 – 11:30 a.m. in the Theater followed by a bring your own lunch time get together.

For more information or joining the Shalom J Family please contact Roberta Deutschman at robertad@jccoc.org or 949-435-3400 x397



SKI WEEK CAMP, Gr. K-5 & CIT

JOINS US FOR SKI WEEK CAMP: FEB. 21-24, 9 A.M.-3:30 P.M.

Pre and Pre-Post Care and CIT program available.

\$242 Members, \$352 Public

Pre-Care 7:30-9 a.m. \$10/day

Post-Care 3:30-5:30 p.m. \$12/day

Refund policy: JCC JCamp fees are non-refundable. There is no reduction or refund of fees due to absence, illness or withdrawals. No fees are transferable.

SKI WEEK COUNSELOR-IN-TRAINING, GRADES 6-8

FEBRUARY 21-24, 9 A.M.-3:30 P.M.

Participate in our Counselor-In-Training Program. Learn leadership skills, basic first aid training, program development and overall insight to being a counselor. \$150 Members, \$200 Public

For more information about JCC Children's programs, please contact Audra Martin, Children's Program Director at (949) 435-3400, ext. 265, email audram@jccoc.org or Ariella Monson, Children & Teen Asst. Director at (949) 435-3400, ext. 300 or email ariellam@jccoc.org.

Join us on
facebook!!

JCC.Teens

**FOR MORE
INFORMATION**

about JCC Teen
and Tween
programming
please contact Eric
Schwartz, Teen
Programming
Specialist at (949)
435-3400, ext.
275, email erics@
jccoc.org.



Teen Events, Gr. 6-12

TEEN FIFA TOURNAMENT GRADES 6-12

Saturday, Feb. 11, 8-10 p.m.

Come play in our Fifa '12 tournament on Xbox 360. Winner will receive a \$50 gift card to Best Buy and bragging rights. Enjoy snacks, music, and food as you play your way to a championship. Members \$20 Public \$25

COMMUNITY SERVICE PROJECT AT THE JCC

Sunday, Feb. 12, 11 a.m.-1 p.m.

Come help out the community and participate in our JCC's Mitzvah Madness. We will be doing projects such as making lunch for the homeless, making new sew blankets, and food and toy drives. This event is free and open to the public.

TEEN CPR, FIRST AID & AED TRAINING GRADES 6-12

Sunday, March 18, 10 a.m.-1 p.m.

Come learn how to save someone's life and be prepared for an emergency. This class is through the Red Cross of America. Each student will be trained in Adult, Child, and Infant CPR and AED use and also Adult and Child First Aid. This class is great for babysitters! Members \$60 Public \$75

Teen Council Positions Are Still Available

Come help plan events, learn to become a leader, and earn community service hours while giving back to your community. The Teen Leadership Council meets every Monday at 5 p.m. in the Teen Center. Positions are open for grades 8th-12th grades. Contact Eric Schwartz for more information about this great experience. (949)435-3400 ext. 275 or erics@jccoc.org

Register for JCC Maccabi Games & ArtsFest Tryouts

The JCC Maccabi Experience provides two amazing programs for Jewish Teens, whether they are interested in athletics or the arts. With over 3500 Jewish teens expected to participate this year, the JCC Maccabi Games and ArtsFest is a once-in-a-lifetime opportunity to compete, collaborate and grow with other Jewish teens. We are looking forward to taking over 100 Jewish teens, coaches and chaperones to Houston in Summer 2012.

We are also excited to be hosting the Games and ArtsFest in the OC in August, 2013.

For information, to request a registration form, or to be put on the tryout list, contact Samantha Cohen, (949) 435-3400 ext. 313, samc@jccoc.org.

JCC Maccabi Games Tryout Schedule 2012

| TEAM SPORT & TENNIS TRYOUTS | SPORT | TIME | DATES | LOCATION |
|---|---|--|------------------------------|-------------------|
| Sundays: Jan. 15, 22, 29, Feb. 5, 12 Wednesday, Feb. 8 Athletes must attend a minimum of 2 tryouts unless otherwise stated. When attending your first trial at a TVT/JCC location you must register and hand in your forms/ copies at the JCC Maccabi sign-in desk in the JCC Main reception. If your trial is at Sage Hill check in with the Team OC coach on site. Subject to change. Please confirm dates/time/ location with Sam Cohen before tryout. | Boys 14u Basketball | 9:30 - 10:45 a.m. | 1/15, 1/22, 2/12 | JCC Gym |
| | Boys 16u Basketball | 10:45 a.m. - 12 p.m. | 1/15, 1/22, 2/12 | JCC Gym |
| | Girls Volleyball 16u (must attend at least one trial) | 10:45 a.m. - 12 p.m. (1/29) 6:30 - 8 p.m. (2-8) | 1/29, 2/8 | JCC Gym |
| | Boys 14u & 16u 7v7 Soccer Girls 16u 7v7 Soccer | 10:30 a.m. - 12 noon 2/12 only - Boys 14u time 12:30-2 p.m. | 1/22, 2/5, 2/12 | JCC Soccer Field |
| | Boys 14u & 16u Baseball | 9 - 10:30 a.m. | 1/29, 2/5, 2/12 | Sage Hill School |
| | 14u & 16u Coed Tennis (must attend at least one trial) | 12 - 2 p.m. | 1/22, 1/29 | TVT Courts |
| Girls 16u Basketball, Girls Softball, Boys and Girls Lacrosse, 14U Boys Flag Football, 16U in-line Hockey and Track and Field tryouts scheduled based on interest. Contact samc@jccoc.org. | | | | |
| Please note: Upon acceptance to Team Orange County, you will be required to attend a mandatory registration/informational meeting Sunday, Feb. 26, 10 a.m. at the JCC. If you are unable to attend, contact Sam Cohen, samc@jccoc.org. | | | | |
| INDIVIDUAL SPORT REGISTRATION AND ARSTSFEST APPLICATION Sundays: Jan. 22 & 29 (Must attend only 1 to register) | Bowling Swimming Table Tennis Dance | 11 a.m. - 12:30 p.m. | Jan. 22 <u>or</u> Jan. 29 | JCC Main Entrance |

Please come prepared to present all times, scores or any other pertinent information regarding your sport of choice

Athletes must come with a copy of their birth certificate and a copy of proof of insurance in order to register or tryout, as well as a fully completed registration form signed by a parent/guardian. (Request form by email from samc@jccoc.org)



The Merage JCC Milton J. and Doris H. Chasin Aquatics Center offers something for members of every age and experience level including swim lessons, youth swim team and low impact water aerobics with daily lap swimming. Our pool facilities are fully-equipped with custom lounge chairs and shade area, a heated toddler pool, Jacuzzi, an electronic scoreboard and professional lifeguards on duty during all hours.

POOL HOURS & INFORMATION:

| | |
|-----------------|---------------------|
| Monday-Thursday | 5 a.m.-9:30 p.m. |
| Friday | 5 a.m.-4:30 p.m. |
| Saturdays | 7:45 a.m.-4:30 p.m. |
| Sundays | 8 a.m.-5:30 p.m. |

LAP SWIM: Lap Swimming (continuous swimming lengthwise) is available throughout the day in designated lanes. If the number of Lap Swimmers exceeds 2 per lane, please switch to circle swimming. Children may lap swim adhering to these guidelines and, if necessary, accompanied by a responsible adult. Please note: During the swim team workouts in the afternoon we have 2 lanes open for lap swim 3-7 M-Th, 3-4:30 F

EQUIPMENT: JCC's kickboards and pull buoys may be used by lap swimmers and for instructional purposes only. Aqua Fitness equipment is to be used only by Aqua Fitness class participants. Please help us maintain and preserve our equipment by returning it to the shelves designated for these items.

FAMILY SWIM: Open Swim is designated for free or unstructured swimming and is available for families and individuals. Children must be accompanied by a responsible adult unless they are in at least 5th grade.

POOL TEMP: For the comfort of all participants, the temperature will be kept at 81-83 degrees at all times. This may vary slightly as is normal when dealing with a thermostat.

FLOTATION DEVICES: If a child requires a floatation device to swim, then a responsible adult must be within arm's reach of the child at all times-- no exceptions.

DIAPERS: Children who are not potty trained must wear a swim diaper and a swimsuit in the pool at all times.

Year Round Youth Aquatics Program
Merage JCC WAVES
Swim Team Trains Winners

WAVES swimming uses a progressive age group program in which the swimmer is instructed and developed in physical, mental and emotional levels in a systematic fashion. An emphasis on fun and family for the younger swimmers develops into a gradual increase in commitment over a period of years. Every unique group for children emphasizes the joy of swimming at the same time introducing the child to beginning swimming technique. The "pre-team" portion of the class teaches the fundamental motor skills of swimming with an emphasis on correct body placement.

The WAVES offer competitive and non-competitive tracks for swimmers to follow once they finish with swim lessons.

MONDAY -THURSDAY NON-COMPETITIVE GROUPS

- Senior Group1 ages 13 & up: 4-6:30 p.m. \$90 mo.
- Gold Group ages 13 & up: 5:15-7 p.m. \$80 mo.
- Bronze Group ages 9-13: 5:15-6:45 p.m. \$75 mo.
- Blue Group ages 9-13: 3:30-4:45 p.m. \$70 mo.
- White Group ages 5-9: 3:45-4:30 p.m. \$60 mo.
- Dolphin Group ages 5-9: 3:45-4:30 p.m. \$50 mo.

Non-competitive groups learn basic skills of this lifetime sport including the different strokes and how to exercise in the water. Instruction is positive and the emphasis is on having fun. Your child will learn in a non-pressure, fun-filled environment. The program teaches sportsmanship, physical fitness and teamwork!

Coaches: Coach Chris M, Coach Justine, Coach Cece, Coach Andrew, Coach Talia and Coach Amy

MONDAY -FRIDAY COMPETITIVE GROUPS

- Senior Group II ages 13 & up: 3:30-6:30 p.m. \$95 mo
- Silver Group ages 9-13: 4:30-6:30 p.m. \$85 mo.
- Red Group ages 5-9: 4:15-5:30p.m. \$75 mo.

Competitive groups are specifically designed to introduce boys and girls to the continuation of swimming skills with the utmost regard to their physical and emotional development. This program caters to young swimmers who want to race. Team members must swim 3-4 times per week and participate in scheduled swim meets.

Coaches: Coach Chris Duncan, Coach Gina, Coach Lara, Fitness Specialist John Harry

Registration fee: A non-refundable registration fee is required for the 2012 seasons.

Fee includes team t-shirt and swim cap. New Swim Team Members \$150 and Active Swim Team Members \$120, sibling discount: \$10 off per additional swim team member.

FOR ADDITIONAL INFORMATION AND GROUP PLACEMENT, please contact Chris Duncan at (949) 435-3400, ext. 144 or email chrisd@jccoc.org or Gina Duncan at (949) 435-3400, ext. 160 or email ginad@jccoc.org.

All Aquatics Center Programs are for Merage JCC MEMBERS ONLY

FOR INFORMATION about JCC Aquatics Center programs, please contact Chris Duncan, Aquatics Director at (949) 435-3400 ext. 144, chrisd@jccoc.org or Gina Duncan, Asst. Aquatics Director at (949) 435-3400 ext. 160, ginad@jccoc.org.

Swimming lessons at the J Will Help You Get Ready for Spring/Summer

Swimmers are taught how to move with a strong sense of dynamics. By understanding movement in the water and placement of their bodies, students refine their technique and learn the subtleties that improve feel for the water, placement of arms and legs, and balance. Emphasis is placed on proper alignment, correct direction of all movements, and swimming dynamics (connecting one movement to another).

Swim lessons are offered throughout the day and evening and can be arranged by calling the Aquatics Office. Instructors will work with you or your children to create an individualized program that meets your child's specific needs. We will be happy to try to accommodate requests for new classes. **JCC Membership is required to use the pool and register for classes.**

Cancellation Policy: Please reschedule within 24 hours of the lesson. Packages expire 1 year from purchase.

CHILDREN'S PRIVATE SWIM LESSONS, AGES 3+

Day and time to be scheduled with the Aquatic Center
\$145 for five 20-minute sessions, \$180 for five 30-minute sessions
Private lessons are an outstanding way to further your child's ability at his/her own pace. We specialize in individual attention through one-on-one teaching with our staff, who will design lessons to fit a swimmer's needs and learning style.

CHILDREN'S SEMI-PRIVATE SWIM LESSONS, AGES 3+

Day and time to be scheduled with the Aquatic Center. \$100 per child for five 20-minute sessions, \$120 for five 30-minute sessions
Semi-Private lessons are an outstanding way to further your child's ability with a friend or sibling. This is a Create-A-Class program offers lessons tailored to your lifestyle. Swimming is more fun with a buddy, and a lesson package makes a great gift.

CHILDREN'S GROUP SWIM LESSONS, AGES 3 +

Monday-Thursday eight-30 minute classes \$125 per session
Progressive Learn to Swim Program for Children, lessons vary by level. With early childhood swim classes, your little ones will learn to swim in small schools with excellent teacher/student ratios never higher than 1:5. Each class meets twice a week, Levels 1-10. Please note: Make ups are not provided for group lesson absences. Schedule with the Aquatics Center.

The Merage JCC WAVES swimming team offers competitive and non-competitive tracks for swimmers to follow once they finish with swim lessons.

ADULT SWIMMERS

Day and time to be scheduled with the Aquatic Center
\$145 for five 20-minute sessions, \$180 for five 30-minute sessions
First timers: Learn how to be comfortable in the water. Our experienced instructors offer one-on-one positive encouragement and support as they guide new swimmers through body awareness in the water, putting your face in the water, how to be in control of submerging and floating on your front or back with effective breathing control.

SPECIALIZED SWIM LESSONS

Day and time to be scheduled with the Aquatics Center
\$145 for five 20-minute sessions, \$180 for five 30-minute sessions
We have specialized classes for children who have great fear and apprehension of the water, and for children with special needs. Water safety for these children is extremely important. Beginning with basic water safety, our experienced instructors guide children to feel safe and comfortable in the water as they learn to be confident swimmers.

For additional information and group placement, please contact Gina Duncan, Asst. Aquatics Director, at (949) 435-3400, ext. 160 or e-mail gjinad@jccoc.org.



SAVE ON WINTER SPECIALIZED SWIM LESSONS

Sign up now for stroke lessons and get a package of five 30-min. lessons for the price of the 20 minute session, a savings of \$35. Offer valid Jan. 23 – Mar. 16, 2012.

All Aquatics Center Programs are for Merage JCC MEMBERS ONLY

FOR INFORMATION about JCC Aquatics Center programs, please contact Chris Duncan, Aquatics Director at (949) 435-3400 ext. 144, chrisd@jccoc.org. or Gina Duncan, Asst. Aquatics Director at (949) 435-3400 ext. 160, gjinad@jccoc.org.

Low Impact Classes

These low impact programs are FREE to JCC members.

LOW IMPACT WATER AEROBICS, 18+

Mondays & Thursdays, 9-10 a.m. Pool
Increase your strength, flexibility and aerobic conditioning through water exercises without putting stress on your joints and muscles. This low impact class geared for people with arthritis or osteoporosis. Instructor: Jen Massey

AQUA FITNESS, 18+

Tuesdays, 9:30-10:30 a.m.
Instructor: Bethany
Wednesday, 10:45-11:45 a.m.
Instructor: Lynnelle Harmer
Burn calories and move to the beat in ways you never thought you could in this high energy fun new class.

WATER PILATES, 18+

Fridays 9-10 a.m.
This program adapts Pilates exercises for the pool. Build a stronger core, improve posture, develop strength, flexibility and grace. Focus on breathing for exercise and energy enhancement.
Instructor: Jen Massey, Water Aerobics/Pilates Instructor

Merage JCC Program Registration Form

- RETURN completed registration form with payment to:
Merage Jewish Community Center of Orange County,
One Federation Way, Ste. 200, Irvine, CA 92603
- or FAX to: (949) 435-3401

WINTER 2012 REGISTRATION

JAN. 23-MAR. 16, 2012

Registration Opens Monday, Jan. 9.
In-person or on-line

THERE ARE NO REFUNDS FOR MEMBERSHIP, CAMP, OR PRESCHOOL.

FOR CLASSES THE FOLLOWING SCHEDULE APPLIES: A full refund if the JCC cancels a class; a full refund minus a \$10 administrative fee for withdrawals before class begins; a 50% refund for withdrawal at the end of the first class; no refunds are given after the second class begins. There is a \$25 charge for returned checks.

| PARTICIPANT 1 | | | |
|------------------|-----------------------|----------------------------|------------|
| Participant Name | JCC Member? Y___ N___ | JCC Office Use Only | |
| Email | DOB / / | Rec'd by _____ | Date _____ |
| Address | City | State | Zip |
| Home Phone | Cell Phone | | |
| Program Name | Day/Time | Fee \$ | |
| Program Name | Day/Time | Fee \$ | |
| Program Name | Day/Time | Fee \$ | |

| PARTICIPANT 2 | | | |
|------------------|-----------------------|---|--|
| Participant Name | JCC Member? Y___ N___ | Address if different than above: | |
| Email | DOB / / | | |
| Program Name | Day/Time | Fee \$ | |
| Program Name | Day/Time | Fee \$ | |
| Program Name | Day/Time | Fee \$ | |

| PARENTS REGISTERING CHILDREN, PLEASE COMPLETE THIS SECTION | | | | |
|--|----------------------|------------------------------------|---|----------|
| Parent Name 1 | Home Phone | Cell Phone | | |
| Parent Name 2 | Home Phone | Cell Phone | | |
| Participant 1 School | Participant 2 School | After school Pick-Up? Y___ N___ | TVT Class for after school pickup (if applicable) | Grades / |

| PAYMENT OPTIONS | | | |
|--|--------------|--------|----------|
| ___ Check Enclosed payable to JCCOC | ___ VISA | ___ MC | ___ AMEX |
| Exp. Date | TOTAL DUE \$ | | |
| Acct. No. | Name on Card | | |
| Authorized Signature | | | |
| I hereby give permission to the Merage JCC to take photographs of me for marketing and fundraising purposes unless otherwise indicated in writing. As a parent of guardian of the minor named above, I consent to photographs being taken of the minor and used in Merage JCCOC materials unless otherwise indicated in writing. I understand that there is no financial compensation for the photographs. Signature _____ | | | |