

# What is Rosh Hashanah?

September 23-24, 2025

1-2 Tishrei, 5786

Holiday begins the night before

Rosh Hashanah, the Jewish New Year, signifies the day on which God completed the creation of the world. On Rosh Hashanah we start counting the Days of Awe until Yom Kippur. During these 10 days, we reflect on the mistakes of the past year, and contemplate the changes we want to make in the coming year.

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## Traditions

- We dip apples in honey to symbolize our desire to have a sweet new year.
- At this time of year we greet each other with "Shanah Tovah" (Happy New Year).
- When we hear the blast of the shofar (ram's horn), it is a "wake-up call" to begin the process of introspection.

# What is Yom Kippur?

October 2, 2025 • 10 Tishrei, 5786

Yom Kippur, the Day of Atonement, is the day we ask God for forgiveness of our sins from the past year and ask God to seal our names in the Book of Life. On Yom Kippur we fast from all food and drink (including water), beginning before sunset on the evening before Yom Kippur and ending after nightfall on the day of Yom Kippur. Yom Kippur ends with one final blast of the shofar and a prayer that "next year may we be in Jerusalem!"



\*Holidays start the night before at sundown



Merge Jewish Community Center  
of Orange County

1 Federation Way  
Irvine, CA 92603

949.435.3400  
jccoc.org



## Blessings

### For Apples and Honey:

יְהִי רֵצֶן מִלְפָנָיךְ הָאֱלֹהִינוּ וְאֱלֹהִי אֲבוֹתֵינוּ  
שְׁתַחְדַּשׁ עֲלֵינוּ שָׁנָה טוֹבָה וּמִתּוֹךְ

Yehi ratzon milfanecha Adonai Eloheinu  
ve'Elohei Avoteinu, she'techadesh aleinu  
shahah tova u'metukah.

May it be Your will, Lord our God and the God of our ancestors, that You renew for us a good and sweet year.

### For something new:

בָּרוּךְ אַתָּה הָאֱלֹהִים

מֶלֶךְ הָעוֹלָם שְׁהַחְיָנוּ וּקְיַמְנוּ וְהִגְיָנוּ לְזַמְּן הַזֶּה

Baruch atah, Adonai Eloheinu, Melech haolam,  
shehecheyanu v'kiy'manu v'higianu laz'man  
hazeh.

Blessed are You, Adonai our God, Sovereign of the universe, for giving us life, for sustaining us, and for enabling us to reach this season.