

Shehecheyanu:

Blessings for Beginnings



The blessing is traditionally spoken during moments of joy and renewal, typically categorized into three distinct types of occasions:

- **Holidays & Mitzvot:** On the first night of major annual festivals such as Hanukkah (menorah lighting), Sukkot (entering the Sukkah), Passover (the Seder), Rosh Hashanah, and Shavuot.
- **Life Milestones:** During celebrations like weddings, baby namings, Bar/Bat Mitzvahs, or graduations.
- **New Experiences & Possessions:** When eating a seasonal fruit for the first time in its season, wearing new clothes, or acquiring a significant item like a new home or vehicle

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהַחַיִּינוּ
וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמֶן הַזֶּה

*Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu, v'kiy'manu,
v'higiyanu laz'man hazeh.*

Blessed are You, Adonai our God, Sovereign of all, who has kept us alive, sustained us,
and brought us to this season.



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