



# YOU BELONG HERE

## Merage JCC Policy Guide

We thank you for your membership. It is our privilege to be here for you and your family. We appreciate your help in making sure that our J is a safe and happy place.

### Member ID Cards

ID cards identify you as a JCC member and grant you access to designated areas of the building. All members are required to show their badge upon entrance to the building. Lost cards will be replaced for a \$15 charge.

### Merage JCC Guest Policy

All guests must be accompanied by an active member at all times during their visit to our Center. All guests should be prepared to show a valid picture ID, fill out a guest registration form, and provide appropriate payment.

### Daily Guest Pass Prices

- \$25 Family Day Pass (immediate family only)
- \$15 Adult (18+ years)
- \$10 Teen/Child (ages 3-17).
- There is no charge for children ages 2 and under.
- Orange County residents are welcome to use the facility a maximum of (3) three times per calendar year, and they must be accompanied by an active member.
- Out-of-town guests may use the facility an unlimited number of times, as long as they are accompanied by a member and show proof of out-of-town residency.
- Member must be with guest in the building during their visit.
- Guests 16 and older must show a valid ID to be admitted to facilities.
- Unaccompanied guests must have prior approval from the Membership Director.

### Extended Passes for Out-Of-Town Guests

Out-of-town extended guest passes require approval of the Membership Director. To request extended guest pass, please email [membership@jccoc.org](mailto:membership@jccoc.org).

- Family: \$125 per week
- Adult: \$75 per week
- Teen/Child: \$50 per week (Children 15 years and younger should be accompanied by an adult)

### Caretakers, Shadows, and Nanny Policy

- For caretakers of children, a Nanny ID can be requested by emailing [Membership@jccoc.org](mailto:Membership@jccoc.org).
- A Nanny ID allows the caretaker entrance at the front desk and fitness desk when accompanying and directly supervising/assisting the children.
- Nannies, caretakers or au pairs may not bring in other non-paying guests to accompany them while they are supervising the children.

### Personal and Sports Training

JCC members and guests are **not allowed** to bring in outside personal trainers or sports trainers (i.e. basketball) to provide one-on-one or group training in the gymnasium, fitness center or anywhere on campus. The JCC employs trainers who conduct both private and small group trainings and clinics which are open to members of all ages.

### Facility Hours

Monday-Thursday: 5 a.m.-10 p.m., Friday: 5 a.m.-5 p.m., Saturday: 7:45 a.m.-5 p.m., Sunday: 7:45 a.m.-6 p.m.

**Please note:** The pool closes 30 minutes before the athletic facility.

**Merage Jewish Community Center of Orange County**

1 Federation Way, Irvine, CA 92603 • 949.435.3400 • [www.jccoc.org](http://www.jccoc.org)



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## Guidelines for JCC Members with children

At the Merage Jewish Community Center, we strive to create a safe and welcoming environment for our members and their children. The safety of your children at the J is a priority to us; therefore, we ask that you adhere to the following policies:

- **Child members 7-years-old and younger must be accompanied by an adult JCC member or JCC staff member at all times.** Kids Club is available for children 6 months to 7 years of age.
- While you are in the building utilizing the J's many amenities, we extend certain privileges to child members in the third through fifth grade:
- **Child members ages 8 to 12 years may get a badge and use the building subject to the following conditions:**
- While a parent or guardian member is in the building he/she may check the child in with fitness desk, allowing third through fifth graders to be in the gymnasium unaccompanied. The parent/guardian must specify where they will be in the J.
- A parent or other responsible adult must also be in the JCC building and provide periodic oversight for third through fifth graders to be unaccompanied in the JCC common spaces: the lobby, Main Street and the café.
- Children who are respectful of others and of the facility will retain this privilege indefinitely and can look forward to utilizing the teen lounge and gymnasium when they reach sixth grade.
- **Child members 12 years and older may utilize the teen lounge and gymnasium.**
- **When you are not in the building,** please plan to have your children younger than age 12 enrolled in Club J, swim team, or other JCC programs or services.

### Fitness Center

- **Members must be 16 years old to enter the fitness center.**
- **In order to use the fitness center, 12-15 year old members** must have a Teen Certification OR be accompanied by a parent or guardian.
- **Teen Certification** allows children 12-15 to use the fitness facility without the supervision of an adult. Teens will work with a personal trainer for up to 90 minutes depending on the teen, learning about proper gym etiquette and how to use the equipment. The cost is \$80. **To schedule, please contact the fitness desk at 949-435-3400 ext. 283.**

### Fitness Classes

- **Must be at least 16 years old** to participate in any of the J's Group X classes.
- Children 12-15 with teen certifications are not allowed in Group X classes.

### Gymnasium

- Pick-up sports are open to members only. Must be 18+ to participate in adult pick-up sports.

### Pool

- **Children under 12** must be supervised by a parent or guardian over the age of 18 in the pool area except when participating in scheduled swim team activities.

### Locker Rooms

- **Children under 12 years old** must be supervised by a parent or guardian in the locker room.
- Swim team participants will be supervised by their coaches.
- **Children over 3 years** old may not be in a locker room designated for the opposite sex. Please use our Family Changing Room.
- **Parents with children 3-12 years old** should use the Family Changing Room.

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